

# Virtual Ergonomics Training Solution

Special Covid-19 Discounts

Reduce Work-Related Health Risks in the Home or Office

Flexible & Effective Ergonomics Training. Fully Online.



Workspace Virtual  
Assessment by  
Certified Industrial  
Hygienist



Reduce Ergonomic  
Injuries & Promote  
Healthy Workers



Virtual Platform for  
Training and Online  
Consultation



Increase Employee  
Productivity and  
Morale



Alliance Solutions Group, Inc.

*Preparing for a safe and secure tomorrow*



Enroll today at <https://asg-inc.teachable.com>

Learn more about ASG's full line of environmental, health, safety and emergency management solutions at [www.asg-inc.org](http://www.asg-inc.org)

## Poor ergonomics can lead to:

- Musculoskeletal Disorders (MSDs)
- Lower back pain & Shoulder Injuries
- Eye strain
- Tendinitis
- Long-term health consequences like high risk for Type 2 Diabetes and Heart Disease
- Lost revenue due to lost productivity

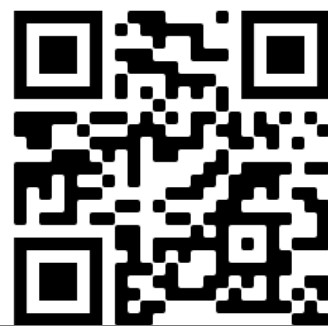


## Benefits of Proper Ergonomics in the Workplace

MSDs-related work injuries alone **cost employers between \$15-\$20 billion each year** in the U.S. With the rise in employees working from home, companies must take action to keep their employees healthy and productive.

ASG's Ergonomics Training and Assessment is the perfect solution for your organization. We use a **virtual delivery platform that provides extreme flexibility** on where and when the training is delivered. Designed by a Certified Industrial Hygienist and Certified Safety Professional, this proven training and assessment solution will ensure the office workplace is optimized for a healthy, safe and productive environment.

Training Site QR Code:



## Pricing

### Office Ergonomics: Training

- Online Training

**Price: \$19**

Per Person

### Office Ergonomics: Assessment

- Online Training
- Virtual Workplace Assessment

**Price: \$49**

Per Person

### Office Ergonomics: Analysis & Professional Consult

- Online Training
- Virtual Workplace Assessment
- 30-min virtual consult

**Price: \$199**

Per Person

Contact us at [instructor@asg-inc.org](mailto:instructor@asg-inc.org) or +1.757.223.7233 or +1.757.303.6669 to request a customized Corporate Solution that fits your organization's needs, and obtain a volume discount off advertised prices.



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